

JANUARY 2024

Hopkins County Schools

Assorted Milk, Juice and Fresh Fruits and Vegetables Offered Daily

Monday

No School

1

Tuesday

Breakfast: Assorted Cereal
Or Mini Cinnis,
Fruit Cocktail

2

Lunch: Turkey& Cheese sandwich
or Chicken Alfredo, Bread Stick,
Broccoli, Carrots, Peaches

Wednesday

Breakfast: Assorted Cereal
Or Cereal Bar, or Waffles,
Peaches

3

Lunch: Turkey& Cheese Sandwich
or Hotdog, Potato Wedges, Baked
Beans, Applesauce

Thursday

Breakfast: Assorted Cereal,
Or, Pancake on a stick
Applesauce

4

Lunch: Ham& Cheese Sandwich
or Scrambled Eggs, Biscuit and
Gravy, Baked Apples, Roasted Po-
tatoes, Cherry Tomatoes, Pears

Friday

Breakfast: Assorted Cereal
Or Chicken Biscuit, Pears
Lunch: Ham& Cheese Sandwich
or Taco Pizza, Corn, Veggie Cup,
Mandarin Oranges

5

Breakfast: Assorted Cereal or
Cinnamon Toast, Peaches
Lunch: Turkey& Cheese sandwich,
or Bosco Sticks, Marinara Sauce,
Broccoli, Carrots, Pears

8

Breakfast: Assorted Cereal
Or Muffin, Oatmeal
Pears

9

Lunch: Ham & Cheese sandwich or
Cheeseburger, French Fries, Salad
w/Cherry Tomatoes, Applesauce

Breakfast: Assorted Cereal or
Sausage Biscuit
Applesauce
Lunch: PB&J or Chicken Fajita w/
Wrap, Refried Beans, Veggie Cup,
Peaches

10

Breakfast: Assorted Cereal
Or Egg and Cheese Biscuit,
Fruit Cocktail
Lunch: PBJ or Breaded Chicken,
Mashed Potatoes, Green Peas, Din-
ner Roll, Mandarin Oranges

11

Breakfast: Assorted Cereal
Or Pop Tart or Biscuit and Gravy,
Mandarin Oranges
Lunch: Ham & Cheese sandwich or
Pizza Slice, Corn, Salad w/Cherry
Tomatoes, Pineapple ****NTI****

12

No School

15

Breakfast: Assorted Cereal
Or Cereal Bar, or Waffles,
Strawberry cup

16

Lunch: Turkey& Cheese Sub or
Grilled Cheese Sandwich, Sweet Po-
tato Fries, Fresh Broccoli, Mandarin
Oranges ****NTI****

Breakfast: Assorted Cereal
Or Muffin, Yogurt,
Mandarin Oranges

17

Lunch: PB&J or Beef Nachos,
Refried Beans, Veggie Cup,
Pineapple ****NTI****

Breakfast: Assorted Cereal or
Cinnamon Toast, Oatmeal,
Pineapple

18

Lunch: Lunch: Ham & Cheese
sandwich or Chicken Sandwich,
Wedges Potato, Green Beans, Man-
darin Oranges ****NTI****

Breakfast: Assorted Cereal, or
Sausage Biscuit,
Lunch: Sub Sandwich or Personal
Pizza, Corn, Salad w/ Cherry Toma-
toes, Mandarin Oranges

19

Breakfast: Assorted Cereal
or Egg and Cheese Omelet,
Biscuit, Mandarin Oranges
Lunch: Turkey& Cheese sandwich,
or Chicken, Cheese and Rice, Black
Bean and Corn Fiesta, Veggie Cup
Peaches

22

Breakfast: Assorted Cereal or
Cinnamon Toast, Peaches

23

Lunch: Turkey& Cheese Sand-
wich or Sloppy Joe, Baked Po-
tato, Baked Beans, Pears

Breakfast: Assorted Cereal,
Or French Toast, Pears
Lunch: PB&J or Chicken Nug-
gets, Wedges Potato, Green
Beans, Pineapple

24

Breakfast: Assorted Cereal
Or Breakfast Pizza, Pineapple
Lunch: Ham& Cheese Sandwich
or Spaghetti, Side Salad
w/Cherry Tomato, Broccoli,
Fruit Cocktail

25

Breakfast: Assorted Cereal
Or Pop Tart or Biscuit and Gravy,
Fruit Cocktail
Lunch: Ham& Cheese Sandwich or
School Pizza, Corn, Salad w/Cherry
Tomatoes, Mandarin Oranges

26

Breakfast: Assorted Cereal
Or Cereal Bar, or Waffles,
Strawberry cup
Lunch: Turkey& Cheese Sub or
Grilled Cheese Sandwich, Sweet Po-
tato Fries, Fresh Broccoli, Mandarin
Oranges

29

Breakfast: Assorted Cereal
Or Muffin, Yogurt,
Mandarin Oranges

30

Lunch: PB&J or Beef Nachos,
Refried Beans, Veggie Cup,
Pineapple

Breakfast: Assorted Cereal or
Cinnamon Toast, Oatmeal,
Pineapple

31

Lunch: Lunch: Ham & Cheese
sandwich or Chicken Sandwich,
Wedges Potato, Green Beans,
Mandarin Oranges

