

NOVEMBER 2023

Hopkins County Schools Assorted Milk, Juice and Fresh Fruit Offered with All Meals

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast: Assorted Cereal
Or Sausage Biscuit, Peaches
Lunch: Ham & Cheese Sandwich
or Corndog, Baked Beans,
French Fries, Pineapple

6

No School

7

Breakfast: Assorted Cereal
Or Cereal Bar, or Waffles,
Pears
Lunch: Turkey & Cheese Sand-
wich or Hotdog, French Fries,
Baked Beans, Fruit Cocktail

1

Breakfast: Assorted Cereal
Or Breakfast Pizza, Pineapple
Lunch: Ham & Cheese Sandwich
or Spaghetti, Side Salad
w/Cherry Tomato, Broccoli,
Fruit Cocktail

8

Breakfast: Assorted Cereal
or Cinnamon Toast, Oatmeal,
Fruit Cocktail
Lunch: PB&J or Dragon Chicken,
Stir Fry Veggies, Cooked Carrots,
Fried Rice, Strawberry Cups

2

Breakfast: Assorted Cereal,
Or Mini Cinnis, Fruit Cocktail
Lunch: Ham & Cheese Sandwich
or Scrambled Eggs, Biscuit and
Gravy, Baked Apples, Roasted
Potatoes, Cherry Tomatoes,
Pears

9

Breakfast: Assorted Cereal
Or Pop Tart or Biscuit and Gravy,
Strawberry Cups
Lunch: Turkey & Cheese sand-
wich or Pizza Slice, Corn, Salad
w/Cherry Tomatoes, Applesauce

3

Breakfast: Assorted Cereal
Or Chicken Biscuit, Pears
Lunch: Ham & Cheese Sandwich
or Taco Pizza, Corn, Veggie Cup,
Mandarin Oranges

10

Breakfast: Assorted Cereal
Or Chicken Biscuit, Mixed Ber-
ries
Lunch: PB&J or Chili, Tater Tots,
Veggie Cup, Applesauce, Corn-
bread

13

Breakfast: Assorted Cereal
Or Cinnamon Toast, Oatmeal,
Applesauce
Lunch: PB&J or General Tso
Chicken, Stir Fry Veggies, Cooked
Carrots, Fried Rice, Peaches

14

Breakfast: Assorted Cereal
Or Muffin, Yogurt, Mandarin Or-
anges
Lunch: Ham & Cheese Sandwich
or Sloppy Joe, Sweet Potato
Fries, Veggie Cup, Pineapple

15

Breakfast: Assorted Cereal
Cereal Bar, or Pot tart,
Pineapple
Lunch: Ham or Turkey, Dress-
ing, Mashed Potatoes, Green
Beans, Fruit Salad, Roll, As-
sorted Pies

16

Breakfast: Assorted Cereal
Sausage Biscuit, Fruit Cocktail
Lunch: Ham & Cheese Sandwich
or Personal Pizza, Corn, Salad w/
Cherry Tomatoes, Mandarin Or-
anges

17

Manager's Choice

20

Breakfast: Assorted Cereal
Or Chicken Biscuit, Pears
Lunch: PB&J or Pizza, Corn,
Broccoli, Mandarin Oranges

21

No School

22

No School

23

No School

24

Breakfast: Assorted Cereal or
Sausage Biscuit, Mixed Berries
Lunch: Turkey & Cheese Sub or
Bosco Sticks, Marinara Sauce,
Cooked Carrots, Broccoli,
Peaches

27

Breakfast: Assorted Cereal, or
French toast, Peaches
Lunch: PB&J or Chicken Nug-
gets, Wedges Potato, Green
Beans, Mandarin Oranges

28

Breakfast: Assorted Cereal or
Muffin, Yogurt, Mandarin Or-
anges
Lunch: PB&J or Beef Nachos,
Refried Beans, Salsa Pineapple

29

Breakfast: Assorted Cereal or
Egg and Cheese Omelet,
Biscuit, Pineapple
Lunch: Turkey & Cheese Sub or
Grilled Cheese Sandwich, Tater
Tots, Veggie Cup, Pears

30

